



# Why Horses?

In the wild, the horse's survival depended on living in the present moment, making accurate assessments, and responding immediately to the environment. Their senses and body are finely tuned for awareness. They are large and powerful creatures, yet can feel even the tiniest insect on their body.

When interacting with humans horses respond to what you are actually communicating - not what you think you are communicating. They are experts at showing you when your intentions and behaviors do not match, providing you a unique opportunity to explore more effective strategies.

Horses teach you to be aware, communicate clearly and consistently, and to live in the moment. Horses have no agenda. They don't care about your power, position, title, degree, or salary. They respond honestly, providing you the chance to learn what is profoundly difficult to learn from our human relationships.

Horses provide opportunities to learn how to be congruent with your thoughts, emotions and actions, and are the consummate professional in teaching you about yourself.

Putting on a "happy face" when you are angry, frightened, or frustrated does not work with horses.

## Allow nature's greatest teachers to transform your life.

*We honor and respect your comfort in exploring with the horses. We provide a safe and confidential environment where you always have a choice in the depth of your exploration.*



**Sue E. Thomas, MS, PCC**  
founder of LeadershipEAD, LLC,  
*combined her experience in organizations,  
passion for improving people's lives and love of  
horses to create L-E-A-D.*

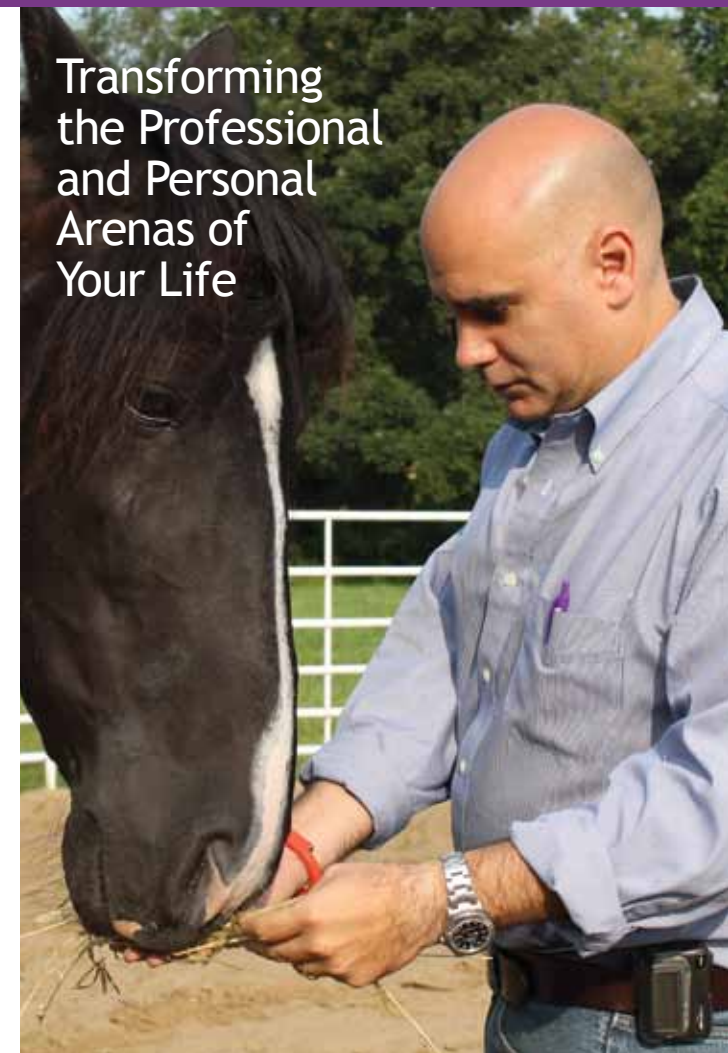
*She works with executives, leaders, professionals,  
groups and organizations as a life, performance,  
and executive coach, organizational development  
specialist, and creates experiential training,  
workshops and retreats.*

*Sue utilizes her skills to support people in discovering  
their strengths, going beyond their limitations, and to  
lead a more fulfilling professional and personal life.*

*Sue earned a M.S. from Case Western Reserve University  
in Organizational Development and Analysis, a B.A.  
in Human Services, and is a Professional Certified  
Coach through the International Coach Federation.*



4637 Streeter Road • Mantua, Ohio 44255  
Phone: 330.274.2693  
Email: [info@LeadershipEAD.com](mailto:info@LeadershipEAD.com)  
[www.LeadershipEAD.com](http://www.LeadershipEAD.com)



# Transforming the Professional and Personal Arenas of Your Life



4637 Streeter Road • Mantua, Ohio 44255  
Phone: 330.274.2693  
Email: [info@LeadershipEAD.com](mailto:info@LeadershipEAD.com)  
[www.LeadershipEAD.com](http://www.LeadershipEAD.com)



L-E-A-D offers professional equine-assisted leadership development and personal growth programs, retreats and coaching.

*Our programs focus on teaching you to be in the moment, gain awareness of strengths and limitations, and find approaches that create meaningful change. Areas we can focus on are:*

- Leadership
- Goal Achievement
- Confidence and Self-Esteem
- Problem Solving
- Team Dynamics
- Work/Life Balance
- Verbal and Non-Verbal Communication
- Self-Awareness
- Accountability and Responsibility
- Creativity and Innovation
- Trust and Respect
- Relationships
- Behaviors and Attitudes
- Social Awareness



## BUSINESS/GROUP

*Replace judgment with sound discernment, develop consensual leadership, create followership and increase your ability to be successful.*

Kick your leaders into high gear by adding HorsePower to your corporate training, team meetings, and retreats. Gain valuable insight into how others perceive your leadership, develop Emotional and Social Intelligence.

Learn to inspire commitment, build relationships, develop resourcefulness, maintain composure, and manage change through a unique experience with horses.

Choose from our workshops or let us create a customized unique experience that focuses on your desired outcomes.

- An Eye on Communication
- Leading and Living Your Vision
- Lassoing Team Energy
- Unharness Your Leader-Self

## CUSTOMIZED

*We realize that one size does NOT fit all. Let us create a customized experience for you, your business or group to address your goals and needs.*

Your customized experience can be conducted at our farm or we can come to a facility near you. It's always your choice.

Perfect for business retreats, sabbaticals, group development, jumpstarting your career, professional or personal development, or just for fun.

Allow us to create a moving experience that provides meaningful results and sustainable change.



*"Sue did a fabulous job of connecting the learning to the workplace. I LOVE the whole piece about "you are now entering the horse world" and tying it to patients and families entering our hospital. This has definitely exceeded my expectations (which is really hard to do!)"*

*- Karen Henry, RCC, Akron Children's Hospital*

## PERSONAL

*We all need a boost now and then. We provide the opportunity to move your life forward, find clarity and empower you to make the changes you want.*



Feeling stuck? At the end of your rope? Getting plowed over? Never have time for yourself? Are people upset with you a lot? Do you feel like no one listens to you? Are you unsure what your dreams are and how to reach them?

A private one-on-one EquiCoaching session or one of our personal development workshops may be right for you.

Our goal is to enhance your life and well-being by supporting you in articulating who you want to be, determining how you want to behave, uncovering what your dreams are and assisting you to change.



*No horse experience needed. No riding is involved. Activities are done on the ground.*

Visit us online at: [www.LeadershipEAD.com](http://www.LeadershipEAD.com) for information about workshops, calendar of events, online registration, and more. Watch our video! Sign up for our monthly newsletter. Call us today: (330) 274-2693