



## “Unharness Your Leader-Self” Leadership Skill Development Workshop

“Unharness Your Leader-Self” is an energizing experiential leadership workshop that focuses on removing barriers to communication and goal achievement. Learn to inspire commitment, build relationships, develop resourcefulness, and maintain composure through a unique experience with horses. Gain valuable insight into Emotional and Social Intelligence, its effects on your leadership, interactions with others, and team development.

### You will:

- Identify how you make decisions
- Learn teambuilding pitfalls & assumptions
- Discover how energy, & emotions affect others
- Identify your leadership challenges
- Experience different ways of communicating
- Discover the importance of body language
- Develop new approaches to trust & respect
- Recognize & enhance your leadership strengths
- Experiment with new approaches to leadership & team development
- Create an action plan for your development
- Increase your ability to influence others



**How are you perceived by others? Do they follow with enthusiasm? Are you trustworthy? Are you respected? Is your team cohesive and accomplishing its goals effectively?**

**Take your leadership skills to the next level by learning from a natural leader, - the horse!**

Our professional staff and horse partners lead you through focused activities and discussions designed to heighten awareness of your leadership and team development skills. The horses respond honestly to

your leadership and provide immediate feedback on your effectiveness, leading to profound opportunities for professional & personal growth and development.

This is not a riding course; no riding is involved and all activities are done on the ground. Learn more by watching our video at [www.LeadershipEAD.com](http://www.LeadershipEAD.com)

**Who should attend:** Business owners, professionals, leaders, coaches, and any individual who wants to understand the effectiveness of their leadership & increase positive outcomes.

### Workshop Details:

1 Day Public Workshops offered (see website for more information)

Private 1 or 2 day workshops available for your organization at our facility or one near you.

Can be customized for your team's specific needs